

# UNIVERSITY OF NAIROBI

## DEPARTMENT OF SPORTS AND GAMES

### REPORT ON THE UNIVERSITY OF NAIROBI SPORTS DAY 2025

#### 1. Introduction

The University of Nairobi successfully held its 2025 Sports Day on 9th October 2025 at the University Sports Grounds. The event brought together students and staff from all faculties, schools, institutes, and campuses under the theme **“Wellness, Friendship and Excellence through Sports.”** The main objective of the day was to promote physical fitness, teamwork, wellness, and institutional cohesion within the University community.

The Department of Sports and Games, working through the Local Organizing Committee (LOC), played a central role in the planning, coordination, and successful delivery of the event. The LOC oversaw activity scheduling, budgeting, mobilization, logistical arrangements, and coordination of technical officials. It also facilitated communication across faculties, identified qualified referees and coaches, managed sponsorship initiatives, and ensured the smooth running of competitions and award ceremonies.

#### 2. Participation

A total of 14 faculties and campuses participated in the Sports Day, including FOA, FASS, FBED, FBMS, FED, FENG, FHS, FOL, FST, FVM, KSC, KSM, MBS, Central Administration, and UNES.

Competitions were held in both students' and staff categories, featuring a wide range of sports such as athletics, football, volleyball, basketball, netball, rugby, handball, hockey, badminton, tennis, table tennis, chess, scrabble, swimming, darts, and tug-of-war.

#### 3. Summary of Results

##### 3.1 Students Category

Rank	Faculty	Gold	Silver	Bronze
1	Faculty of Arts and Social Sciences (FASS)	7	5	3
2	Faculty of Science and Technology (FST)	7	2	1
3	Faculty of Education (FED)	3	2	3
4	Faculty of Health Sciences (FHS)	2	3	3
5	Faculty of Built Environment and Design (FBED)	2	0	4
6	Kisumu Campus (KSM)	2	0	0
7	Faculty of Engineering (FENG)	1	4	4
8	Faculty of Agriculture (FOA)	1	6	0

<b>Rank Faculty</b>		<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>
9	Faculty of Law (FOL)	0	1	2
10	Kenya Science Campus (KSC)	0	1	1
11	Mombasa Campus (MBS)	0	1	0
12	Faculty of Business and Management Sciences (FBMS)	0	0	2
13	Faculty of Veterinary Medicine (FVM)	0	0	0

### **Top Student Faculties:**

- 1. Faculty of Arts and Social Sciences (FASS)** – Overall Champion
- 2. Faculty of Science and Technology (FST)** – Second Place
- 3. Faculty of Education (FED)** – Third Place

### **3.2 Staff Category**

<b>Rank Faculty/Unit</b>		<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>
1	UNES	1	1	0
2	Central Administration	1	0	2
3	Faculty of Education (FED)	1	0	0
4	Kenya Science Campus (KSC)	0	3	0
5	Faculty of Arts and Social Sciences (FASS)	0	0	1

### **Top Staff Units:**

- 1. UNES** – Overall Staff Champion
- 2. Central Administration** – Second Place
- 3. Faculty of Education (FED)** – Third Place

## **4. Highlights**

The event attracted impressive attendance from students, staff and University leadership, including representatives from Management and Deans of Faculties. A Chief Guest representing the PS Ministry of Youth Affairs, Creative Economy and Sports graced the occasion. Competition across disciplines was vibrant and highly competitive, with FASS and FST dominating the students' events. UNES emerged as the overall champion in the staff category. Coordination among sub-committees ensured efficient logistics, timely results, and a well-organized awarding ceremony.

## **5. Challenges Encountered**

- Limited financial resources that delayed early procurement processes.
- Reduced staff mobilization owing to the ongoing industrial action.
- Occasional communication gaps between some campuses.

4. The constraints caused by the high number of scheduled events.

## **6. Recommendations**

1. Constitute the LOC early enough to allow sufficient planning time.
2. Strengthen faculty-level sports committees for sustained participation.
3. Explore partnerships and sponsorships for trophies, equipment, and refreshments.
4. Enhance staff engagement and participation across campuses.
5. Conduct post-event evaluations to capture lessons and best practices for future events.

## **7. Conclusion**

The **2025 University of Nairobi Sports Day** was a resounding success, fulfilling its objectives of promoting wellness, unity, and sports excellence within the institution. The Department of Sports and Games extends sincere appreciation to all faculties, staff, and students for their enthusiastic participation and to the organizing teams whose commitment made the event possible.

**Prepared by:**

**Technical Sub Committee**  
**For: Local Organizing Committee**  
**University of Nairobi, 2025 Sports Day**

**Signed**



**Rose Marete**  
**Director, Sports and Games**

***Attached is Appendix 1 for details of the Results***