



## UNIVERSITY OF NAIROBI DEPARTMENT OF SPORTS AND GAMES

### 1. Name and Brief Introduction of the Department

The name of the Department is Sports and Games. This Department is as old as the University itself; dating back in the late 1960s. The Department of Sports and Games is located in Hall three (3) behind the students' clinic, off State House Road.

The Department has six (6) staff at the Central office and a Games Tutor in each College/Campus.

### 2. Updates

During the last calendar year 2014, the Department undertook the following activities:

- Participated in the annual inter universities Women Games championship held at Egerton Universities in the month of March.
- Participated in the national leagues and tournaments: in Rugby,
  - Rugby sevens
  - Impala flood light
  - Kenya cup(facilitated)
- Volleyball
  - Zablon league (men)
  - KUSA league (women)(without facilitation)
- Hockey
  - Kenya Hockey Union league (no facilitation)
- Basketball, (m&w)
  - In National League KBF
  - Women Nairobi Basketball
  - ZUBL – ZUKU (Facilitated)
  - Kisumu Open
  - JKUAT open
- Soccer,
  - National Provincial League
  - KUSA league
- Handball (m&w)
  - KUSA League (no facilitation)
- Table Tennis
  - K.U open (JKUAT open no facilitation)
- Chess,
  - Kenya Chess league (facilitated)

- Kisii Open (not facilitated)
- Karate
  - NYS at Maka (facilitated)
- American football – JKUAT Kiss 100 tournament
  - Roll ball – National League
  - Netball – KUSA league

### **3. The Department of Sports and Games is currently focused on the following strategic issues:**

- To maintain and sustain ‘states of the art’ sport facilities at both colleges/campuses and the university level.
- To continually procure and maintain standardized sports equipment and kits for University teams.
- To continually establish close linkages with local universities, foreign institutions and the corporate world.
- To continually communicate the departmental activities within the university and the outside world through departmental website and other methods.
- To continually build staff capacity through seminars, conferences, workshops and related training.
- To continually and competitively expand the department through recruitment and promotions and offering short courses.
- To continually and consistently increase the number of students participants in Sports and Games.

### **4. Achievements**

- Enrolled and sustained most of the University teams in the National leagues and tournaments (i.e Rugby, Basketball, Volleyball, Soccer, Hockey, Swimming, and Handball among others).
- Crowned the National ZUKU sponsored basketball league champions in May 2014.
- Successfully identified talent among our students.
- Nutured the talent.
- Achieved elitism in a number of students
- Realized wellness programme in a large number of students.
- Through the existing sports programmes, the students have been networked to the corporate world for employment.
- Award of scholarships (e.g sportson and others) to excelling students particularly in Volleyball, Soccer, Track athletics and chess.
- During the 3<sup>rd</sup> Edition of the Universities women sports day, we were second overall after Kenyatta University.
- Visibility of University of Nairobi through hosting events highlights as KUSA Games (Nairobi Conference) for three weekends in a roll, and FASU Games.
- Continual development and management of sport facilities at College, campus and University level.

- Initiated and secured an approval for promotion of two (2) members of staff.
- Successfully supported and hosted the September 20<sup>th</sup> and 27<sup>th</sup> 2014 RRI sport day for both students and staff.
- Crowned the champions of Soccer Nairobi Branch.
- Successfully hosted the 7<sup>th</sup> Edition of All African Games in July 2014.

## **5. Challenges**

- Lack of enough office space.
- Inadequate allocations of financial resources to run students' sport fixtures, buy equipment and kits, develop, maintain and or repair sport facilities.
- The ratio of existing Technical staff overstretched for the required services (i.e about 50,000 students against seven Games Tutors)
- Lack of adequate support staff at both college and university level.
- Difficulties in incorporating the upcoming campuses in the existing sport programmes and sport facilities.
- Inadequate sport facilities and equipment to cater for the ever increasing student population.
- Lack of centralized departmental transport facility to coordinate students' sport programmes.
- Lack of a University gymnasium facility for both students and staff.

## **6. Future Projections/Way Forward**

- Request and follow-up approval of extra technical staff.
- Continual follow- ups with University Management the establishment of a gymnasium complex within the main campus.
- Initiate teaching programmes to offer short courses in refereeing, sport psychology, sport pedagogy, swimming instructors and life saving.
- Review the existing departmental structure to accommodate the departmental expansion for effective services.
- Develop additional sport facilities at both College and University level.
- Follow-up with corporate world the award of scholarships to excelling student athletes.

## **7. Number of staff**

➤ Director of Sports	-	1
➤ Games Tutors	-	5
➤ Administrative Assistant	-	1
➤ Secretaries	-	1
➤ Coaches	-	2
➤ Office Cleaners	-	3
➤ Clerk/storekeeper	-	1
➤ Lifeguards	-	5

➤ Grounds man - 1  
**Total** **20**

MMSbaabu

**Mbaabu Murithi**  
**DIRECTOR, SPORTS & GAMES**